

SETH RETURNS PUBLISHING PRESENTS...

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*Multidimensional
Autobiography*

Mark Allen Frost

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Multidimensional
Autobiography



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This book is dedicated to all of Seth's readers,
past, present, and future. Special thanks to Carol Joy
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PREFACE

Hello everyone. Welcome to our new project. A moment... As an educator to humankind for many years, I have had the opportunity to notice when and by what means my Teachings to those of you in the Third Dimension are actually understood and utilized. Much of this material I present to you does indeed go “over your head.” By this I mean, that, I perhaps use descriptive phrases that are not necessarily relevant to the average reader. I have learned my Lesson, however, and I promise to you in this current manuscript that I shall attempt to keep the discourse on an elementary to intermediate level. We shall save the “expert testimony,” a humorous phrase I believe, for the audience that LOVES the intellectual hair-splitting aspect of my works.

These are simply some of the countless lives of the Seth Entity, chosen for their inherent qualities of illustrating the strengths, deficits, and typical Lessons of lives. All of the Soul Family members will not be identified in all cases, for reasons of privacy. In one case, however, we have allowed you a peek at the specifics regarding Soul

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Family incarnations in time. This would be the Indian Existence.

So I ask you to enjoy this little project of ours for what it is: an entertainment, primarily. But also we would hope that you will attempt YOUR OWN survey of some of your own lives. It may be enlightening.